Trainee goals, Ambulance Assistant Training

Table of contents

Taxonomies ........................................................................................................................................... 1
1st trainee period ................................................................................................................................ 5
2nd trainee period ................................................................................................................................. 5
3rd trainee period ................................................................................................................................ 5
4th trainee period ................................................................................................................................ 6
5th trainee period ................................................................................................................................ 6
6th trainee period ................................................................................................................................ 7
7th trainee period ................................................................................................................................ 8
8th trainee period ................................................................................................................................ 9
9th trainee period ................................................................................................................................ 10
10th trainee period ............................................................................................................................... 10
Final trainee statement ........................................................................................................................ 12
Bloom's taxonomies

Knowledge

From what is known
To what is unknown

Synonyms are stated below each main category.
**Attitudes**

From simple to complex:
- From low level of awareness
  - listen
  - receptive
  - aware of
  - understanding

From high level of awareness:
- To complex
  - listen
  - receptive
  - aware of
  - understanding

**Personality**
- has basic attitude
- revises
- decides
- changes strategy

**Organised value system**
- aware of
- cooperates
- responsible
- self-confident
- integrates

**Commitment**
- argues
- accepts
- seeks
- prefers
- problem solver
- committed
- consistent

**Personal decision-making**
- participates
- chooses
- takes on

**Passive**
- interested
- participates
- chooses
- takes on

**Attentive**
- listen
- receptive
- aware of
- understanding

**Appreciates**
- interested
- participates
- chooses
- takes on

**Reacts**
- interested
- participates
- chooses
- takes on

Synonyms are stated under each main category.
Skills

- From simple
  - become aware of
  - note
  - listen
  - ready to

- Observation
  - ready to
  - survey
  - use

- Readiness
  - test
  - copy
  - instructed

- Controlled execution
  - routine
  - some confidence
  - some independence

- Routine execution
  - execute confidently
  - execute creatively
  - execute independently

- Complicated skills

- Under guidance
  - instructed

- Independent
1st trainee period

The goals for the trainee period are that the student will:
01. get basic knowledge of the workplace and the functions and participate to the possible extent in the following work functions:
   - transport of patients
   - transport of recumbent patients
   - transport of sitting patients
   - ambulance.

Duration: about 2 weeks

2nd trainee period

The trainee period follows the 1st school period where the student has been introduced to the theoretical training and has completed advanced first aid, basic training, emergency work, knowledge of site of damage, social science, and acquired driver's licence, category B-commercial.

The goals for the trainee period are that
01. the student will get basic knowledge of the workplace and the functions and participate in the following work functions:
   - transport of patients,
   - transport of recumbent patients,
   - ambulance,
   - to the possible extent special emergency work in relation to ambulance service.

Duration: about 2 weeks

3rd trainee period

The trainee period follows the 2nd school period where the student has studied emergency work, transport of patients with physical handicap, transport of sitting patients, transport of recumbent patients, emergency ambulance driving, and driver's licence, category D commercial.

The goals for the trainee period are that
01. under guidance (3rd man) the student participates in the ambulance service and participates to the possible extent in emergency work in relation to the ambulance service.
02. under guidance and considering a safe behaviour on the road the student drives the emergency
03. the student participates in the transport of patients
04. under guidance the student obtains knowledge of ergonomic work positions and moving techniques

Duration: about 2 weeks

4th trainee period

The trainee period follows the 3rd school period and after the student has been taught ambulance techniques, parts of ambulance assistant 1 - the chronic patient, and health and hygiene.

The student:
- will primarily, under guidance (3rd man), participate in ambulance service
- carry out transport of patients
- carry out emergency ambulance driving

The goals for the trainee period are that:

01. under guidance, the student (3rd man) participates in and gets knowledge of the work functions in the ambulance service
02. under guidance and considering safe traffic behaviour carries out emergency ambulance driving
03. in cooperation with others, the student participates in preparation of an ambulance and transport of patients
04. the student can use hygienic measures, both personal and regarding the equipment
05. the student shows understanding of patient care - including forms of address, communication and types of cooperation
06. the student shows an understanding of cultural differences and observes the ethical norms in the ambulance - including principles of correct behaviour towards people from other cultures
07. the student shows an understanding of own mental reactions and those of others on the basis of psychological theories
09. the student can use appropriate ergonomic work positions and moving techniques in known situations

Duration: about 3 weeks

5th trainee period

The trainee period follows the 4th school period where the student has worked with ambulance assistant 1 - the chronic patient and ambulance assistant 2 - the acute patient, and hygiene.
The student:
The student goes through a trainee period of 7 weeks in a hospital, divided into medical and surgical wards with focus on both areas.

The goals for the trainee period are that:

01. the student gets an understanding of anatomy, physiology and knowledge of diseases within the areas heart, circulation, lungs and the locomotive apparatus. Focus is to be on deviations from the normal functions.
02. under guidance, the student can observe clinical pictures and use them for primary assessment of patients on the basis of ABCDE principles.
03. the student understands the importance of passing on observations and primary assessment to the person responsible for the care
04. the student can create a survey of basic needs for care and under guidance carry out basic health care and nursing
05. the student can use the basic principles of communication, in patient contact and guidance
06. the student is aware of his/her responsibility and areas of competence and takes on responsibility for own behaviour, reactions and attitudes
07. the student shows respect for the patient's individuality, integrity, right to decide and cultural background
08. the student gets an insight into the cross-disciplinary collaborators in the hospital ward, including the areas of responsibility and competence of the staff groups
09. the student is able to use basic hygienic principles
10. under guidance, the student can participate in health promoting and preventive principles
11. the student can use ergonomically correct work positions and moving techniques in ordinary situations

Duration: about 9 weeks (7 weeks at the hospital – 2 weeks' trainee period in the business)

6th trainee period

The trainee period follows the 5th school period where the student has been working with psychology, health and ambulance assistant 2 - the acute patient.

The student must:
The student completes a trainee period of 7 weeks in a hospital with focus on the acute area, including the anaesthesia ward and psychiatry and children

The goals for the trainee period in the acute area:

01. the student can use ABCDE – principles in connection with the assessment of patients
02. the student can explain and recognise various types of respiration
03. the student can on his/her own measure respiration frequency, blood pressure and pulse and account for deviations from the normal area
04. the student can assess the different sizes of ventilation masks/bags and their area of application and carry out checks and troubleshooting on this equipment
05. the student can on his/her own use ventilation for selected patients
06. the student can on his/her own prepare equipment for intravenous access
07. the student obtains knowledge of specific types of medicine for pain relief and their method of administration
08. the student participates in receiving acute patients
09. the student can use the Glasgow coma scale for observation of patients
10. the student understands the treatment of acute ulcers and fractures
11. the student shows an understanding of people in a crisis and is aware of appropriate emergency actions in specific situations
12. the student can use relevant and selected documentation within the acute area
13. the student can on his/her own prepare a patient for EKG

The goals for the trainee period for the normal delivery and the sick child:
14. the student understands the different stages of a normal delivery and is able to provide the obstetric aid learned
15. the student can on the basis of the ABCDE principles observe and recognise symptoms in a sick child deviating from the normal child
16. the student has knowledge of the importance of communication in relation to children and parents
17. the student has knowledge of children with different clinical pictures, for example appendicitis, fever cramps, pneumonia and other respiratory problems.

The goals for the trainee period in psychiatry:
18. the student knows about the criteria for using "red" and "yellow" commitment documents
19. the student knows the basic communication principles and is able to use them in the communication with the person who is mentally ill
20. the student knows about the body language and behaviour of the mentally ill patient and understands the importance of own behaviour, reactions and attitudes in the contact with the mentally ill patient

Duration: 9 weeks (7 weeks' trainee period at a hospital and 2 weeks in the business)

7th trainee period

The trainee period follows the 6th school period where the student has been working with ambulance assistant 2 - the acute patient.

The student must:
Under instruction complete driving practice (3rd man) in the ambulance service
Prepare a traineeship assignment.

The goals for the trainee period with the ambulance service are to ensure that:
01. the student is able to use the ABCDE system to assess patients
02. the student can on his/her own maintain free airways and ventilate a patient on his/her own under the different conditions in the ambulance service
03. the student obtains knowledge of the functions of the defibrillator and can under
        guidance remedy possible defects
04. the student is able to assist in defibrillation
05. the student is able to prepare the ambulance and its equipment, including remedy any
        functional defects
06. the student is able to distinguish, assess and react to "high and low energy accidents",
        respectively, and to estimate the extent of possible injuries
07. the student demonstrates an understanding of the effect of multiple injuries on the
        patient's clinical picture
08. the student is able to use the Glasgow coma scale
09. the student is able to distinguish between the acute presentation of the most common
        diseases and react to this
10. under guidance, the student is able to complete ambulance records and pass on the
        information to the hospital/emergency ward
11. the student is able to drive an ambulance considering various aspects - including
        emergency ambulance driving, observing safe traffic behaviour
12. the student is under all circumstances able to observe all hygienic principles, both
        personally and regarding equipment in the ambulance service
13. the student is able to use ergonomically correct work positions and moving methods
        confidently

The trainee assignment
Is based on an ambulance record experienced/chosen by the student. In the assignment,
the student is to give arguments for and reflect on the actions carried out in relation to the
patient's general condition.
The aim of the assignment is that the student is to demonstrate that he/she can pass on
data/information at a high professional level, but also in an understandable language.
According to an ambulance-related professional opinion, the assignment can form part of
the final written assignment.

Duration: about 4 weeks

8th trainee period

The trainee period follows the 7th school period and is held after the student has completed
the final part of the ambulance assistant training which is completed with the ambulance
assistant exam.

The student:
Participates as an ambulance assistant (cf. the executive order on pre-hospital work) in the
ambulance service

The goals for the trainee period are that:
01. the student participates as an ambulance assistant (cf. the executive order issued by
    the Ministry of Health on pre-hospital work, etc.) in the ambulance service
02. the student obtains routine experience as an ambulance assistant in the ambulance
    service
Duration: about 12 weeks

9\textsuperscript{th} trainee period

The trainee period follows the 8\textsuperscript{th} school period and is held after the student has been working with release and optional special subjects.

The student is to:
participate in all tasks for which qualifications have previously been obtained, including ambulance and transport of patients

The goals for the trainee period are that:
01. the student participates in all tasks for which qualifications have previously been obtained, including ambulance and transport of patients
02. on his/her own and to the largest possible extent, the student carries out all tasks of an emergency worker
03. the student obtains independence and routine experience in all work tasks

Duration: about 15 weeks

10\textsuperscript{th} trainee period

The trainee period follows the 9\textsuperscript{th} school period where the student has completed the final test.

The student:
The student participates in all tasks for which qualifications have previously been obtained. Independently and to the largest possible extent, the student must carry out all work tasks of an emergency worker.

The goals for the trainee period are that:
01. the student participates in all tasks for which qualifications have previously been obtained
02. independently and to the largest possible extent, the student is to carry out all work tasks of an emergency worker
03. the student obtains independence and routine experience in all work tasks

Duration: about 16 weeks
Final traineeship certificate

Student: ________________________________________________________________

personal registration number: __________

has completed the traineeship in the business.

Training agreement became effective on ______ / ______ - 200

The training agreement terminates on ______ / ______ - 200

The student has now completed the practical part of the vocational training as emergency worker with ambulance specialisation according to the established goals.

Through his/her traineeship, the student has achieved the following goals:

01. The student has obtained the general and practical qualifications necessary to carry out the work as an emergency care assistant with ambulance specialisation.
02. The student has obtained theoretical and practical knowledge in the job of an emergency care assistant that the student in question can carry out the related tasks on his/her own.
03. The student has obtained an understanding of the rules and circumstances relating to the working conditions of emergency workers so that the student in question is able to organise his/her work independently within the existing guidelines.
04. The student knows the general and business-specific safety rules.